



GRAFFITI 2 COMMUNITY MINISTRIES WEEK OF GIVING / PRAYER WEEK APRIL 30TH-MAY 4TH, 2018 #PRAYWITHG2CM

Interact with us during our WEEK OF GIVING / PRAYER WEEK by using this guide. First, follow the "ACTION" part of each day to help share what God is doing at Graffiti 2 Community Ministries. Then take a moment to "PRAY" with us and for us as we minister to the South Bronx.



PHYSICAL / MONDAY APRIL 30TH

ACTION: Take a pic of you displaying healthy habits such as exercising or eating a healthy snack. Then post to social media, tag Graffiti 2 Community Ministries, and include #PRAYWITHG2CM

PRAY: For our children, teens, and adults to have healthy habits of nutrition, sleep, and lifestyle.



MENTAL / TUESDAY MAY 1ST

ACTION: Take a pic of you doing a favorite activity that helps with your mental wellbeing (ex: puzzles, crosswords, exercise, or resting). Then post to social media, tag Graffiti 2 Community Ministries, and include #PRAYWITHG2CM

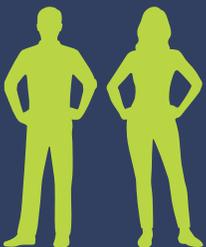
PRAY: For the many in our community who struggle with mental health and mental illness.



EMOTIONAL / WEDNESDAY MAY 2ND

ACTION: Take a pic of you reading a book or studying. Then post to social media, tag Graffiti 2 Community Ministries, and include #PRAYWITHG2CM

PRAY: that a healthy self-worth will lead our neighbors to better themselves through education and personal development.



SOCIAL / THURSDAY MAY 3RD

ACTION: Take a selfie of you and a friend. Then post to social media, tag Graffiti 2 Community Ministries, and include #PRAYWITHG2CM

PRAY: with that friend for people of our community to have healthy relationships with each other.



SPIRITUAL / FRIDAY MAY 4TH

ACTION: Take a pic of your favorite Bible passage or journaling and post to social media. Tag Graffiti 2 Community Ministries and include #PRAYWITHG2CM

PRAY: that the "people of God will be rooted downward and bear fruit upward" (Isaiah 37:31).